

Schedule: NSCA's 9th Global Conference'2024

16th Mar'24		
Time Slot	Particular	
08.30-09.15 am	Conference Registration	
08.30-09.15 am	High Tea	
09.15-10.00 am	Conference Launch Event	
10.00-11.00 am	Panel Discussion : To Be Announced (TBA)	
11 am-12 pm	Master Class I : Game Speed - Ensuring Contextual Relevance to Speed & Agility by Dr Ian Jeffreys	
12.00-1.00 pm	Lunch & Networking	
Hall-1: Hands on Sessions		Hall-2: Presentations
1.00-1.50pm	Training Young Athletes - The Challenges & Obstacles by Coach Ranadeep Moitra	Runner Assessments & Injury Prevention Strategies by Coach Radha Krishnaswamy
2.00-2.50pm	Making Cricketers Game Ready: A Step-by-Step Approach by Coach Nagendra Prasad	TBA
3.00-3.50pm	TBA	Sport Science in Context to Training Load, Testing & Performance by Dr Samuel Pullinger
4.00-4.50 pm	Foot & Core Sequencing in Context to "Return to Performance" by Dr Apurva Mathankar	TBA
5-5.30 pm	Hi-Tea & Networking	
17th Mar'24		
8.30-9.00am	Hi-Tea & Networking	
Hall-1: Hands on Sessions		Hall-2: Presentations
9.00-9.50am	TBA	Importance & Evolution of Tactical Strength and Conditioning by Dr Brent Alvar
10.00-10.50pm	Fast Bowler Profiling: Running Analysis, Injuries & Performance by Coach Anand Date	Role of S&C in Rehab: When, How & How Much by Coach Christopher Pedra
11.00-11.50am	Badminton Athlete's Exercise Programming Progression & Regression by Coach Caleb Linn	TBA
12.00-12.50pm	TBA	TBA
1.00-2.00 pm	Lunch & Networking	
2.00-2.50 pm	Master Class II : Velocity Based Training (VBT) - Science to Application by Coach James Ferris	
3.00-3.50pm	Master Class IV : TBA	
4.00-5.00 pm	Closing Ceremony, Hi-Tea & Networking	

**Note: This is Tentative session schedule, and it is subject to change*